

Youth Table Tennis Report Spring 2009

Hello Table Tennis Players!

Welcome to our spring season!

We have an exciting line-up of upcoming events – starting with the April 11th and 12th New York City Open and culminating with the 2009 Mayor's Cup in May. These tournaments are a great opportunity for you to meet others and display your table tennis skills and game tactics.

Our coaches continue to provide you with expert coaching and fun games and activities. For those of you who are new to the program, we encourage you to visit our website for updates and information.

Whether it is learning footwork, ready position, the loop, backhand, serve and service return or the basic rules, It is our goal to push each of you to a new level where you can enjoy and appreciate our sport!

AYTTO Coaches

Coach's Corner:

Mayor's Cup: The 2009 Mayor's Cup for Youth Table Tennis will be held May 16th at PS 126 in Manhattan. Please mark your calendars and stay tuned for further details.

Table Tennis Instructional Videos: Interested in learning more and quickly improving your skills? We have posted on our website links to some great instructional videos. Our website is www.aytto.org.

Table Tennis Equipment: Our coaches have created a table tennis website where you can buy the correct table tennis equipment for your child online at www.zypsports.com. Equipment prices are better than you will find at local retail stores and online. Support table tennis and your table tennis coach!



American Youth Table Tennis Organization
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P.O. Box 155
Irvington, NY 10533
www.aytto.org 917-686-1911



AYTTO Saturday Academy: The successful Saturday Academy at IS 126 on 80 Catherine Street in Manhattan operates each Saturday from Noon to 3 PM. Interested in joining? Please contact us.

Calendar of Events:

New York City Open, New York City, NY.
www.natabletennis.com 4/11-12.

The 2009 Mayor's Cup for Youth Table Tennis, New York City, NY. www.aytto.org 5/16

Spinathon, Shelton, CT. www.espintech.com. 5/23-24

2009 Eastern Open on the JOOLA NA Tour, Piscataway NJ. www.natabletennis.com 5/30-31



College Table Tennis

By Alex Porush

Attack the forehand, keep the serve short and stay focused, explained New York University (NYU) Table Tennis Team Captain Joe Kim to his teammate Kenny Chiou. Let's win this match! Let's make sure we beat Yale. Behind Joe, on the seven other table tennis tables at Fashion Institute of Technology Gymnasium, were 14 collegiate table tennis teams battling each other. The all day event, held in November, was eventually won by Rutgers University. Over 100 college students participated.

Our table tennis team at NYU practices twice a week. I play on the first division team and represent the University in regional and national events. The table tennis community provides a wonderful opportunity to make lasting friendships. I find that people who play table tennis are especially friendly and are always willing to help out new players. I also enjoy the competitive nature of table tennis. It's a great workout - both physically and mentally. As USA Olympic Coach Dan Seemiller often says, table tennis is like "lightning chess"!

Collegiate Table Tennis in the United States is a "club" sport. It is governed by the National Collegiate Table Tennis Association (NCTTA) There are over 200 colleges that participate in regional table tennis meets. Each April, the 30 best colleges, based on meet results, are invited to the National Championships to vie for a national title. This year the National Collegiate Table Tennis Championships took place in Rochester MN, on April 3-5. Our team didn't qualify.

I encourage everyone who is learning table tennis in the AYTTO program to go to college and to continue playing table tennis. Trying out at NYU was easy. I showed up on the day of practice and the captain watched me play a little. He announced "Alex you're pretty good!" And just like that I was on the team. The NCTTA has a great website. They list all the match results and which colleges participate. The website is www.nctta.org.

I encourage everyone who is playing table tennis in school today to continue to play. The skills you are learning in your after-school program will enable you to join a college table tennis team, meet new friends and, if you should take the sport seriously, represent your school in regional and possibly even a national - level championship.

Alex Porush is a sophomore at New York University. His major is Mathematics and Economics. Alex learned to play table tennis at the Masters School in Dobbs Ferry. He is currently an assistant coach for AYTTO



NYU Table Tennis Team

NEW

Support, Donations, Sponsorship, Volunteers

AYTTO's mission is to teach young people the sport of Table Tennis. We work in schools and at selected youth centers in New York City.

Our teaching philosophy incorporates life skills, such as leadership, respect, and focus.

We are a 501c3 not-for-profit organization, and we seek your support for our activities --- from donations of used equipment to corporate sponsorship. Your assistance will enable us to significantly expand our activities in reaching a broader youth market

For further information, please contact Ben Nisbet at 917-686-1911.