

Youth Table Tennis Report

Fall 2009

Hello Table Tennis Students

We are glad that you chose to play our sport!

Table tennis is a fun sport to play. It involves speed, finesse, balance, concentration and strategy. As coaches we try to teach the table tennis skills you will need to play well.

In the days ahead we will be providing you with a schedule of activities, including a lineup of some weekend team matches – so you can meet and play against others. In the meantime, please visit our website. We have some great instructional videos for you to watch.

We look forward to seeing you in class!

AYTTO Coaches



American Youth Table Tennis Organization
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P.O. Box 155
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Coach's Corner:



Places to Play:

Spin New York: There is a fantastic new table tennis club opened in Manhattan at 48 East 23rd Street (www.spinyc.com). Please stop by to watch great players practicing.

Fat Cat Table Tennis: The Fat Cat Table Tennis Club is located at 75 Christopher Street (www.fatcatmusic.org). Please stop by and enjoy a game of table tennis, chess or foosball.

Interested in playing at Spin New York or Fat Cat Table Tennis? Ask your coach for details.

AYTTO Saturday Academy: The successful Saturday Academy at IS 126 on 80 Catherine Street in Manhattan will begin Saturday October 3rd and will operate each Saturday from Noon to 3 PM. Interested in joining? Please contact your coach or visit our website for a registration form.

Table Tennis Equipment: Our coaches have created a table tennis website where you can buy the correct table tennis equipment for your child online at www.zypsports.com. Equipment prices are better than you will find at local retail stores and online. Support table tennis and your table tennis coach!



The International Sport of Table Tennis

By Ben Nisbet

How many countries can you name? Ten, fifteen, twenty, or more? Chances are that every country you list, table tennis is played.

What country has the best players? Currently it is China. The Chinese have dominated the World Championships and the Olympic Games over the past eight years.

Why does China dominate? Because the Chinese have more players, coaches and tournaments than any other country; because the sport is taught in almost every school; and because the best players are extremely dedicated and train very hard – over 30 hours a week!

Who are the best players in the world? For the women it is Ms. Zhang Yining. Ms. Yining is from Beijing and she is 5 foot 6 inches tall. She is 28 years old and is known for her vicious forehand and backhand loops that rip through the air at speeds in excess of 80 miles an hour. Zhang began playing table tennis at age 5.



Ms. Zhang Yining
(photo courtesy of ITTF – www.ittf.org)

Mr. Wang Hao is the highest ranked men's player in the world. Mr. Hao is from Changchun, China and stands 5 foot 9 inches tall. He is 25 years old and plays the pen-hold style. His best shot is the revolutionary reverse backhand loop which produces devastating and unpredictable topspins.

Welcome to the AYTTO program, and welcome to the international and fascinating sport of table tennis. The goal of our coaches is to provide you with some of the skills, vocabulary and concepts the best players in the world use!

Ben Nisbet is co-founder of American Youth Table Tennis and an avid table tennis player



Mr. Wang Hao
(photo courtesy of ITTF – www.ittf.org)

Support, Donations, Sponsorship, Volunteers

AYTTO's mission is to teach young people the sport of Table Tennis. We work in schools and at selected youth centers in New York City.

Our teaching philosophy incorporates life skills, such as leadership, respect, and focus.

We are a 501c3 not-for-profit organization, and we seek your support for our activities --- from donations of used equipment to corporate sponsorship. Your assistance will enable us to significantly expand our activities in reaching a broader youth market

For further information, please contact Ben Nisbet at 917-686-1911.